

Citybau Junior European Tennisteam 2014



Timea Babos is the official supporter of the Citybau Junior Team since July

(more information: www.babostimea.hu or www.wtatennis.com)



„A good basis & assistance are essential for a
tennisplayer“

The Junior Team is the first step therefor!

Hauptsponsor: Helmut Ecklkofer Citybau GmbH
Trainingsplanung und –verantwortung: Zsolt Udvardi

Sponsoring: TU GmbH, Völkl, HEAD Germany, Pacific
Trainingsleitung: Trainerteam der TU GmbH

Citybau Junior European Tennisteam 2014

The concept

- Main focus on players in the age of 12-14 who have significant tournament experience on the national level, but are seeking an opportunity to take their game to the next level
- The 'home clubs' are not only responsible for planning and organizing the every day training programme on a national level (through constant technical, tactical, mental and physical training), but they have the opportunity to delegate players into the elite squad, which form the base of the European Junior Tennis Team (details are discussed later in the 'follow-up programme').

Citybau Junior European Tennisteam 2014

Squad players are not necessarily selected based on their tournament success, but on the following criteria:

- Have excessive tournament experience on a national level
- Have good athletic foundation
- Have a sound technique with no major deficiencies
- Have the right attitude (willing to work hard)
- Have a supportive, cooperative family background
- Is an aspiring athlete, with a high potential to improve
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Citybau Junior European Tennisteam 2014

Our international 'follow-up programme' kicks off on the 1st of June, and will be available for every elite squad player who has turned 14.

The programme is founded and led by an experienced coaching staff, including:

- Szabolcs Bujtás (A - Coach) – **Tennis Fit & Fun GmbH in Aschaffenburg**
- Zsolt Udvardi (State-certified Tennis Coach) – **Tennisacademy Udvardi**
- Szilard Kardhordo (PTR Professional licence) – **M.E.S.E. Tennis Club**

All the major performance improvement needs and steps (including training camps, and tournament schedules) will be discussed and approved by the coaching staff.

Citybau Junior European Tennisteam 2014

The main objectives of the 'follow-up programme' is to:

- Support every squad player who has ambitious goals by offering high profile international tournament experience across Europe under coach supervision.
- Provide clear development paths for our players (outside the ATP/WTA), depending on their individual needs, using tennis as the catalyst. (See the figure below)

Immediate advantages of the programme for the elite squad players:

- **Coach supervision** on international (TE) tournaments
- Access to the expertise of the partner academies through joint **tennis camps**
- Experience high performance courses through **exchange students**
- Access to several American universities through **athletic scholarship**
- Competitive match play possibility in the **German and Hungarian league**

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Ein möglicher Weg zum Erfolg eines Tennistalents

